



**Toronto Location - Programs & Events Calendar**  
**August 2019**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 <b>Civic Holiday</b>  Office closed	6 10:00 am – 12:00 pm Citizenship preparation tutorials 5:00 pm – 7:00 pm PAR session for Russian men	7 10:00 am – 2:00 pm IT Drop In for Seniors 2:00 pm - 4:00 pm Support Group for Women	8	9	10
11	12 3:00 pm – 5:00 pm PAR session for women 5:00 pm – 7:00 pm PAR session for Polish men	13 10:00 am – 12:00 pm Citizenship preparation tutorials 5:00 pm – 7:00 pm PAR session for Russian men	14 10:00 am – 2:00 pm IT Drop In for Seniors 2:00 pm - 4:00 pm Support Group for Women	15	16	17
18	19 3:00 pm – 5:00 pm PAR session for women 5:00 pm – 7:00 pm PAR session for Polish men	20 10:00 am – 12:00 pm Citizenship preparation tutorials 5:00 pm – 7:00 pm PAR session for Russian men	21 10:00 am – 2:00 pm IT Drop In for Seniors 2:00 pm - 4:00 pm Support Group for Women	22	23	24
25	26 8:30 pm - 12:30 pm Itinerant services at Daily Bread Food Bank 3:00 pm – 5:00 pm PAR session for women 5:00 pm – 7:00 pm PAR session for Polish men	27 10:00 am – 12:00 pm Citizenship preparation tutorials 5:00 pm – 7:00 pm PAR session for Russian men	28 10:00 am – 2:00 pm IT Drop In for Seniors 2:00 pm - 4:00 pm Support Group for Women	29	30 1:00 pm - 4:00 pm Itinerant services at Queensway Employment and Social Services	31

**WE OFFER EVERY WEEK:** Settlement counselling, individual and family supportive counselling - family violence, housing, gambling counseling, programs for seniors.