



**Toronto Location - Programs & Events Calendar**  
**October 2019**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10:00 am – 12:00 pm Citizenship preparation tutorials 5:00 pm – 7:00 pm PAR session for Russian men	2 10:00 am – 2:00 pm IT Drop In for Seniors 2:00 pm - 4:00 pm Support Group for Women	3	4	5
6	7 3:00 pm – 5:00 pm PAR session for women 5:00 pm – 7:00 pm PAR session for Polish men	8 10:00 am – 12:00 pm Citizenship preparation tutorials 5:00 pm – 7:00 pm PAR session for Russian men	9 10:00 am – 2:00 pm IT Drop In for Seniors 2:00 pm - 4:00 pm Support Group for Women	10	11	12
13	14 <b>Thanksgiving Office closed</b>	15 10:00 am – 12:00 pm Citizenship preparation tutorials 5:00 pm – 7:00 pm PAR session for Russian men	16 10:00 am – 2:00 pm IT Drop In for Seniors 2:00 pm - 4:00 pm Support Group for Women	17	18	19
20	21 3:00 pm – 5:00 pm PAR session for women 5:00 pm – 7:00 pm PAR session for Polish men	22 10:00 am – 12:00 pm Citizenship preparation tutorials 5:00 pm – 7:00 pm PAR session for Russian men	23 10:00 am – 2:00 pm IT Drop In for Seniors 2:00 pm - 4:00 pm Support Group for Women	24	25	26
27	28 8:30 pm - 12:30 pm Itinerant services at Daily Bread Food Bank 3:00 pm – 5:00 pm PAR session for women 5:00 pm – 7:00 pm PAR session for Polish men	29 10:00 am – 12:00 pm Citizenship preparation tutorials 5:00 pm – 7:00 pm PAR session for Russian men	30 10:00 am – 2:00 pm IT Drop In for Seniors 2:00 pm - 4:00 pm Support Group for Women	31 1:00 pm - 4:00 pm Itinerant services at Queensway Employment and Social Services		

**WE OFFER EVERY WEEK:** Settlement counselling, individual and family supportive counselling - family violence, housing, gambling counseling, programs for seniors.